

LET'S MOVE! DAY



South Leeward Mission

Sunday, September 27, 2015



Whether you host a 5K run/walk, join a community event, or organize other activities, consider how your team can involve as many people as possible in physical activity. Invite your community to join your church, as we move together and promote a healthier lifestyle.

Help us reach and change lives for the better!

Participate in your local area! See you there!

event _____

location _____

date/time _____

contact _____

Talk to your Health Ministries Director.....



Let's Move Day is an event of Adventists InStep for Life
Sponsored by the South Leeward Mission Health Ministries Department

