

CARIBBEAN UNION CONFERENCE
CHILDREN AND ADOLESCENTS MINISTRIES
KIDS IN DISCIPLESHIP SERIES

GOD'S HELPER

For many months we have been hearing about the dreadful Corona virus known as Covid-19. Thousands of people have died around the world as a result of it. Because of this, doctors have given us several actions we need to do to help us keep safe. The first action is to wash our hands. The second is to keep a safe distance from people. The third is to keep your immune system strong.

The actions the doctors advise us to take remind me of the advice the Bible gives us to be safe from sin. The Covid-19 virus is just like sin. When it enters our body it brings pain, suffering and death. So we should follow God's advice to get rid of it. When we wash our hands germs are washed away. In the same way when we accept Jesus, he washes away our sins every time we ask him. But having Jesus wash away our sins is not enough, we also need to keep a safe distance from it. That means we need to stay away from bad words and actions. The final action is to keep our immune system strong. God has made us with this special way to help us stay strong.

Our immune system is a very important part of our body. It is the part of our body that fights to keep us healthy. It is made up of specific organs, tissues and cells that work together to protect us. This system. However, cannot work by itself. It needs a helper. This helper comes in the form of vitamins. Every cell needs the food from the vitamins to get enough power to fight the germs and bacteria around us. The Holy Spirit is just like those vitamins. We need power from the Holy Spirit to help us to be a strong and healthy Christian. Our lesson today will help us understand more about this special Helper.